



Universal Abdominal Binder

Hook Receptive

RECOMMENDED USE: Patients in need of postoperative support of the abdomen.

Whether recovering from surgery or injury, or just need extra support, NYOrtho Abdominal Binders can stabilize your core and improve muscle tone.



SOFT & PLUSH ELASTIC



MADE OF COMFORTABLE
& FLEXIBLE MATERIALS



UNIVERSAL SIZING
Available in 6", 9" or 12" height.



PROMOTES HEALING
& REDUCES SWELLING



MACHINE WASHABLE
View care label for laundering instructions.



9" 3-Panel	12" 4-Panel	6" 2-Panel	Fits
8100-2030	8101-2030	8102-2030	20-30 in.
8100-3045	8101-3045	8102-3045	30-45 in.
8100-4560	8101-4560	8102-4560	45-60 in.
8100-6075	8101-6075	8102-6075	60-75 in.
8100-7590	8101-7590	N/A	75-90 in.
8100-90105	8101-90105	N/A	90-105 in.



www.nyorthousa.com

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HOW TO APPLY THE BINDER ON YOURSELF

1

Remove the protective covering over the velcro and save it for storage or laundering. It serves no purpose other than to protect the elastic belt before initial use and during laundering.

2

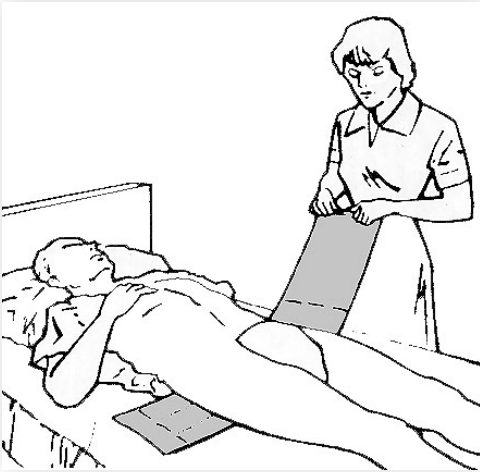
Wrap the belt around your waist and secure the velcro to the elastic. The elastic is the only place to secure the velcro. There is no other male/female velcro piece to attach to.

3

Please note that as you repeatedly attach and detach the velcro from the elastic, some pilling will occur. Do not be concerned. This is expected and does not ruin the belt. In fact, it increases the grab between the elastic and the velcro.

HOW TO APPLY THE BINDER ON A PATIENT

1



With the soft lining against the skin, position the binder under the patient with the velcro fastener on patient's right, as shown above. Position the lower edge halfway down the buttocks.

2



From the patient's left side, stretch out the lower end of the binder with one hand and position it across the stomach, holding it firmly in position.

3



With the other hand, grasp the other end of the binder in the middle, stretching it over the patient's body and firmly engage the velcro surfaces. To adjust the fit, simply peel the surfaces apart and reposition them. The closure can be positioned to conform to any patient's body shape.

PROPER FITTING & DRAINAGE TUBES

Closing the binder at an angle instead of straight will allow compression on the upper and lower abdomen to be varied appropriate to your needs. It may be necessary to reduce the compression on the lower abdomen while maintaining maximum compression on the upper abdomen. In short, the binder may be fitted snug on top and loose at the bottom or vice-versa. As the binder is secured, make sure the fit is comfortable. However, adequately stretch the binder, as improperly sized or improperly stretched binders do not give proper compression. Stretching and compression facilitate deep breathing.

The abdominal binder is designed to accommodate the use of surgical drainage tubes. However, care must be exercised so as not to cause discomfort or irritation to the wound site. Drainage tube occlusion can be prevented by layering surgical sponges on both sides of the drain at the surgical site prior to applying the binder. If a Penrose-type drain is being used, a hole can be cut in the binder to accommodate the tube. Avoid overlapping the binder over the drainage site. Mark an "X" on the fabric where the hole will be made and make an elliptical cut in the material. When the fabric is stretched, the elliptical cut will become a round hole to accommodate the drainage tube. Brush away any loose fibers that have separated from the fabric. The binder will not tear or unravel where a cut has been made, even when the cut crosses the interlocking stitching that joins the panels.



May be machine or hand washed in a mild detergent. Warm or cold water temperature is recommended. Before washing, make sure that the velcro surface is securely fastened to prevent lint accumulation which can interfere with the velcro fibers and weaken their locking properties. The binder may be hung dry.